

Immunohistochemical study of sustentacular cells in adrenal medulla of neonatal and adult rats using an antibody against S-100 protein

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Background: This study was performed to investigate the light microscopic features of sustentacular cells in adrenal medulla in neonatal and adult male albino rats using an antibody against S-100 protein. S-100 expression in sustentacular cells is considered a reliable cell marker for this type of cells.

Materials and methods: Twenty-four male albino rats were allocated into two groups, neonatal group (1 week old, 12 rats) and adult group (3 months old, 12 rats). Paraffin sections of the adrenal glands were immunostained for the expression of S-100 protein.

Results: The results demonstrated differences in distribution, arrangement and structure of sustentacular cells in adrenal medulla in neonatal and adult rats. All sustentacular cells of adrenal medulla in all animals showed intense immunoreactivity for S-100 protein in their nuclei, perikarya, and cytoplasmic processes. Most of S-100 immunopositive sustentacular cells in adrenal medulla of neonatal rats are few, dispersed, small in size, and oval in shape with thin short bipolar cytoplasmic processes. These cells in adult rats are more numerous, larger in size, and stellate in shape with numerous slender, longer branched cytoplasmic processes.

Conclusions: This study indicated that adrenal medullary sustentacular cells showed obvious morphological postnatal changes with aging suggesting structural and functional maturation. (Folia Morphol 2017; 76, 2: 246–251)

Key words: adrenal medulla, sustentacular cells, S-100 protein, immunohistochemistry, rat

INTRODUCTION

The adrenal medulla is an endocrine organ of neural origin located in the central region of the adrenal gland [19]. It is composed of three different neural crest-derived cell types including chromaffin cells, ganglion cells, and sustentacular cells [1, 3, 5, 16, 17]. Chromaffin cells constitute most of the adult adrenal medulla [11]. The adrenal medulla also contains a small number of ganglion cells interspersed among

the chromaffin cells [1]. In addition, the adrenal medulla also contains sustentacular cells; Schwann-like cells that closely envelop adrenal chromaffin cells without a basal lamina [3]. The adrenal medullary sustentacular cells are demonstrated by their expression of S-100 protein as well as its characteristic electron microscopic appearance [3].

It has been suggested that the adrenal medullary sustentacular cells reveal characteristics similar to sup-

porting cell types located in other endocrine organs, such as the pituitary pars distalis and the pineal glands [7, 22]. It was stated that the adrenal medullary sustentacular cells closely resemble glial cells of the peripheral nervous system in immunohistochemical, ultrastructural, and also functional properties [9]. The glial cells are considered to be supporting cells [23]. In addition, these cells participate in the modulation of the neuronal activity in the central nervous system and of the adrenal medullary chromaffin cells [10]. The presence of S-100 protein, which is related to calcium metabolism, has been demonstrated in these cell types [6]. It has been postulated that the adrenal medullary sustentacular cells might regulate the calcium levels in the extracellular compartment [13]. It is proved that calcium ion participates in the mechanism of liberation of catecholamines, mainly noradrenaline [4]. It has been detected that the adrenal medullary sustentacular cells are mainly located and remarkably higher in the regions of the noradrenaline chromaffin cells than the regions of adrenaline chromaffin cells [21].

S-100 protein is a calcium-binding acidic protein originally isolated from the brain [9]. Astrocytes of the central nervous system, satellite cells of the peripheral ganglia, and Schwann cells are immunoreactive for S-100 protein [2, 20]. This protein has, therefore, been regarded as a common marker for glial cells, including Schwann cells [9]. It has been suggested that adrenal medullary sustentacular cells are modified Schwann cells, because these cells express immunoreactivity for S-100 [3]. In general, S-100 protein has already been shown to be a specific marker of adrenal medullary sustentacular cells as well as the other associated cells of glial nature [9, 15, 24].

In spite of the functional significance of adrenal medullary sustentacular cells, omission of their description in almost all textbooks is unjustifiable. The present study investigated the regional localisation, arrangement, and structure of adrenal medullary sustentacular in neonatal and adult male albino rats by immunohistochemical method at the light microscopic level using an antibody against S-100 protein.

MATERIALS AND METHODS

Experimental animals

Twelve newborn albino Swiss rats and twelve adult rats (3 months old) were obtained from the Animal Care Centre at the College of Medicine, King Saud University, Riyadh, Kingdom of Saudi Arabia. Rats were housed and maintained under standard controlled

environmental conditions at a temperature of $25 \pm 2^\circ\text{C}$ on 12-h light/dark cycle. All rats including adult ones and mothers of newborn rats were acclimatized for 1 week and maintained with free access to standard pelleted rat chow and tap water, ad libitum.

All experimental procedures followed were conducted in accordance with the standards established by the Guidelines for the Care and Use of Laboratory Animals of the College of Medicine Research Centre (CMRC) at King Saud University and conform with the Guide for the Care and Use of Laboratory Animals published by the National Institutes of Health (NIH in USA).

Experimental procedure

After acclimatisation for 1 week, all rats were perfused under ether anaesthesia with Ringer's solution followed by 4% paraformaldehyde in 0.1 M phosphate buffer. The animals were dissected and the adrenal glands were excised and postfixed in 4% paraformaldehyde in phosphate buffer overnight. Then, the adrenal glands were processed to prepare 4- μm -thick paraffin sections for immunohistochemical study.

Immunohistochemistry

Immunostaining of the paraffin sections of neonatal and adult adrenal glands for detection of S-100 protein was performed using streptavidin-biotinylated horse radish peroxidase (S-ABC) method (Novalink Max Polymer detection system; Novocastra Laboratories, Newcastle, UK). Sections were deparaffinised with xylene and hydrated through decreasing concentrations of ethanol. Then, sections were incubated in a solution of 3% H_2O_2 in distilled water for 5 min to inhibit endogenous peroxidase activity and washed in Tris-buffered saline (TBS, pH 7.6) (Sigma-Aldrich) twice, 5 min each. Non-specific binding to antibodies was blocked by incubation with protein block for 5 min (Novocastra) and rinsed with distilled water and TBS. Sections were incubated with primary antibody against S-100 protein (rabbit polyclonal antibody, at a dilution of 1:500) (Abcam, Cambridge, UK) for 1 h at room temperature. Sections were washed in TBS for 3 times, each for 3 min. Then, sections were incubated with biotinylated anti-rabbit IgG (Novocastra) for 30 min, washed in TBS for 3 times, each for 3 min, incubated with Novolink polymer (Novocastra) for 30 min and washed in TBS for 3 times, each for 3 min. Peroxidase was detected with chromogen solution of diaminobenzidine (DAB) substrate

(Novocastra) for 10 min. Finally, Sections were washed in distilled water for 10 min, counterstained with Mayer's haematoxylin, dehydrated, and mounted in DPX (Dystereene, Plasticizer, Xylene). For negative control sections, the same procedure was followed but with omission of incubation with the primary antibody against S-100 protein and replacing it with normal (non-immune) rabbit Ig. All negative control sections revealed negative reactions.

Image analysis

High-resolution whole-slide digital scans of S-100 immunostained sections were created with a ScanScope scanner (Aperio Technologies, Inc.). The digital slide images were then viewed and analysed using the viewing and image analysis tools of Aperio ImageScope software (Aperio Technologies, Inc.). Five areas, each with the fixed size of $137,000 \mu\text{m}^2$, were randomly selected per section. To quantify the immunopositive reactions, the colour deconvolution (colour separation) algorithm (Aperio Technologies, Inc.) was set up (by colour calibration) to detect and quantify only the brown colour of DAB positive staining. The algorithm was then run on the selected area to measure the percentage of immunopositive reactions relative to the measured areas. The analysis output results were finally exported to Excel sheets and subjected to statistical analysis to be compared between neonatal and adult rats.

Statistical analysis

Data collected were subjected to statistical analysis using IBM SPSS Statistics version 22 software. The values were expressed as mean \pm standard error of mean (SEM). The means of the area per cent of S-100 immunopositive reaction were compared between the two studied groups using student's t-test. Differences were considered significant when p value was less than or equal to 0.05.

RESULTS

Sections of adrenal medulla from neonatal and adult male albino rats were immunostained to express S-100 protein. All adrenal medullary chromaffin cells, which were arranged in clusters and cords, were negatively immunostained with S-100 protein antibody. On the other hand, the adrenal medullary sustentacular cells showed intense immunoreactivity for S-100 protein in their nuclei, perikarya, and cytoplasmic processes.

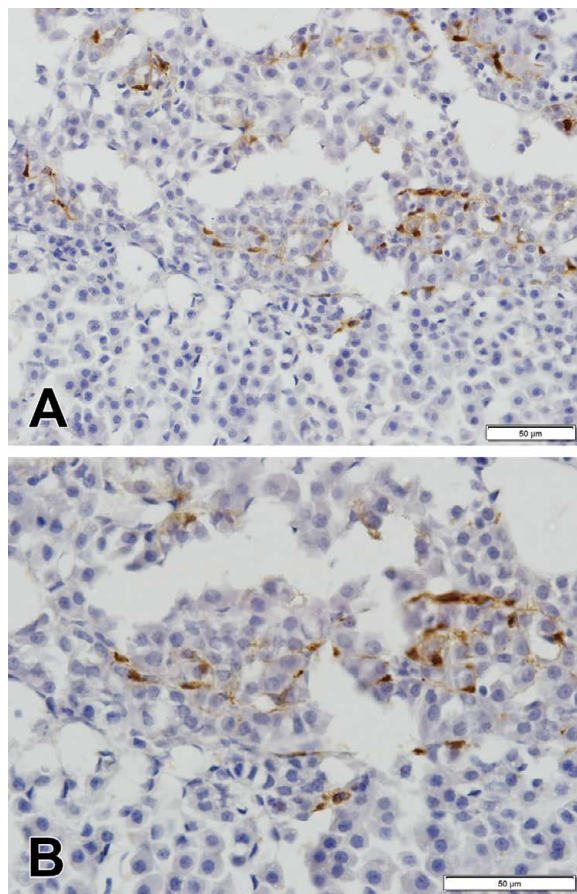


Figure 1. Low (A) and high (B) magnification photomicrographs of S-100 immunostained section of adrenal medulla from neonatal rat (1 week old) showing few sustentacular cells with intense immunopositive nuclei, perikarya, and cytoplasmic processes. Perikarya are apparently small with thin short bipolar processes. These processes terminate freely without forming a network. Scale bar = $50 \mu\text{m}$.

Sections of adrenal medulla from neonatal rats showed few dispersed sustentacular cells with intense S-100 immunoreactivity in their nuclei, perikarya, and the few cytoplasmic processes. Most of these cells were oval with small perikarya and bipolar cytoplasmic processes. These processes were thin, short, less branched, and usually terminating freely without forming a network in between the adrenal chromaffin cells (Fig. 1).

Sections of adrenal medulla from adult rats showed more numerous adrenal medullary sustentacular cells with intense S-100 immunoreactivity in their nuclei, perikarya, and the numerous cytoplasmic processes. These cells were observed scattering and interdigitating in between the adrenal chromaffin cells. Perikarya of most sustentacular cells in this group were larger in size and stellate in shape with

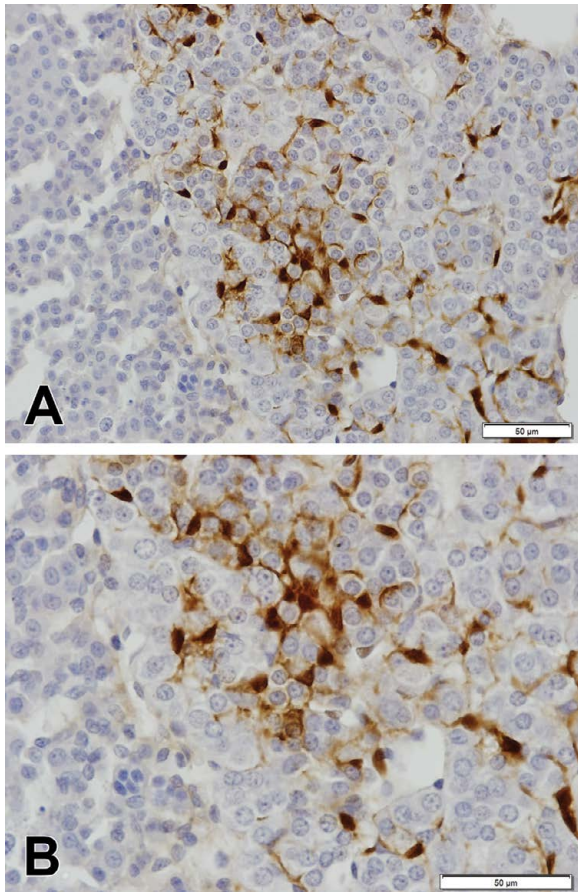


Figure 2. Low (A) and high (B) magnification photomicrographs of S-100 immunostained section of adrenal medulla from adult (3 months old) rat showing numerous and larger sustentacular cells with intense immunopositive nuclei, perikarya, and cytoplasmic processes. Perikarya are apparently large and stellate in shape. The cytoplasmic processes are more numerous, long, slender, and more branched. In many regions, these processes terminate forming networks. Scale bar = 50 μ m.

numerous multipolar cytoplasmic processes radiating from the perikarya. Most of these cytoplasmic processes were slender, but longer and more branched and usually terminating forming network in between the adrenal chromaffin cells. Few sustentacular cells in this group were oval in shape with bipolar cytoplasmic processes. Localisation of the sustentacular in adrenal medulla of adult rats was unevenly distributed where certain regions revealed numerous sustentacular cells and other regions contained sparsely localised sustentacular cells (Fig. 2).

Data obtained from the statistical analysis revealed that mean \pm SEM of area per cent of S-100 immunopositivity in sustentacular cells of the adrenal medulla from rats of neonatal group was 5.42 ± 0.22 ; however, this value was significantly increased

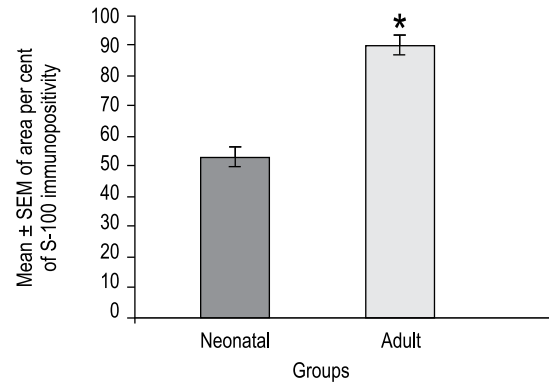


Figure 3. Mean \pm standard error of mean (SEM) of area per cent of S-100 immunopositivity in the adrenal medulla of neonatal and adult groups; *Significant difference at $p \leq 0.05$.

to 90.01 ± 0.58 in adult group (p value vs. neonatal group: 0.02) (Fig. 3).

DISCUSSION

The present study demonstrated the expression of the immunohistochemical marker, S-100 protein, in the sustentacular cells of the adrenal medulla of neonatal and adult rats. The immunostaining of the adrenal gland with anti-S-100 protein demonstrated immunoreaction only in the sustentacular cells [11, 19]. Also, Cocchia and Michetti [3] reported that S-100 protein is a specific marker substance for sustentacular cells of the adrenal medulla in the rat. The existence of glial-specific protein S-100 in the adrenal medullary sustentacular cells may suggest that this type of cells is related to neuroglia and Schwann cells in function and metabolism [8]. In accordance, other studies indicated that adrenal medullary sustentacular cells are homologous in nature with Schwann cells and are immunoreactive for S-100 [3, 12].

The present study demonstrated strong immunoreaction for S-100 protein in nuclei, perikarya, and cytoplasmic processes of sustentacular cells in adrenal medulla of both neonatal and adult rats. A previous study has detected S-100 protein immunoreaction in nuclei and cytoplasm of these cells [12].

In the present study, differences in morphologic features including shapes, sizes, and pattern of branching of the sustentacular cells of adrenal medulla from neonatal rats compared with adult rats have been observed. These differences in features suggest that the neonatal sustentacular cells to be still in stage of differentiation [14, 18].

The present study revealed regional differences in the localisation of sustentacular cells in association with chromaffin cells in the adrenal medulla in rats. Suzuki and Kachi [23] found that the extent of cellular association of S-100 immunopositive sustentacular cells with chromaffin cells was remarkably more frequent in noradrenaline-cell regions than in adrenaline-cell regions in the adrenal medulla. Moreover, in noradrenaline-cell region, these more numerous sustentacular cells show extending numerous cytoplasmic processes between noradrenaline chromaffin cells. However, in the adrenaline-cell region, few sustentacular cells with few cytoplasmic processes were detected [23]. The cytoplasmic processes of sustentacular cells ramify in between and encircle the chromaffin cells [9, 19]. Rodriguez et al. [19] stated that the sustentacular cells may fulfil an important function in the support and regulation of the chromaffin cells, modulating in a way the synthesis and secretion of catecholamines. S-100 protein is believed to be secreted by the sustentacular cells and to act as a trophic factor for the adjoining chromaffin cells in the adrenal medulla [9].

Limitations of the study

This study did not demonstrate sustentacular cells in foetal adrenal medulla. This study did not investigate quantitative localisation of sustentacular cells in regions of noradrenaline and adrenaline chromaffin cells. This study did not demonstrate the electron microscopic structure of sustentacular cells in adrenal medulla.

CONCLUSIONS

In summary, the results of the present study demonstrated the differences in arrangement and structure of sustentacular cells in the adrenal medulla in neonatal and adult male albino rats. It could be concluded that adrenal medullary sustentacular cells undergo obvious marked morphological postnatal changes suggesting functional and structural maturation.

Based on the data of the present study, and increasing evidence for the importance of adrenal medullary sustentacular cells, more comprehensive studies should be performed to disclose the functional significance of these cells in correlation with their structure in neonatal and adult stages.

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